

# Help your students learn about and practice important friendship skills!



These centers are perfect for:

- Friendship skills lessons or small groups
- Social skills lessons or small groups
- Students who could benefit from learning how to be a good friend and learning how to choose good friends
- Students who could benefit from increased friendship skills

# How To Use These Centers:

**Prep:** Before starting your lesson, set up each center according to the directions for each center. If you go in the classroom to do the lesson, you can have the teacher help you set up. If the teacher is out of the room, you can play a friendship video while you set up the stations.

**Pre-Center Time:** Before starting the centers, here are some brief questions you can ask your class/group to get them thinking about friendship.

- Why is friendship important?
- Name some characteristics of a good friend.
- Do you think you are a good friend? Why or why not?

Then, explain that they will be learning about friendship at each of the centers. Go through each station and explain what they will be doing at each center. Also explain the order in which students will travel through the centers to make the transitions easier.

## **Center Time:**

Divide your class/group into six smaller groups. If your group has fewer than 6 members, one (or more) of the centers during each rotation will not have anyone at it. Assign each group/student to begin at a specific station. Give each group 5-7 minutes at each station. Use a timer to help the students understand when it is time to transition. During the center time, walk throughout the room to make sure students are on track and provide any guidance that is needed.

**Post-Center Time:** If you have extra time after the centers, you can ask your students the following questions:

- What is one thing you learned from our lesson today?
- What is one way that you can be a good friend today?

# Center #1: Good Friend Sort



Students will look at 16 friendship characteristics and determine whether they describe a good friend or a bad friend.



# Center #2: Good Friend Cut And Paste



Students will look at the characteristics of a good friend and paste them into the box that corresponds with the correct body part.

# Center #3: Friendship Roll And Respond



Students will take turns rolling a dice and responding to the prompt that corresponds with the number they rolled.

# Center #4: A Note To A Friend

Dear \_\_\_\_\_ ,

Thank you for being a great friend to me. I love you because \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_


\_\_\_\_\_

Here is a \_\_\_\_\_

Sincerely \_\_\_\_\_

**A Note To A Friend**

Write a note to someone telling them why they are a good friend!



Students will think of someone in their life who is a good friend. Then, they will write a kind note to that person!











# Center #5: The Friendship Quilt



Students will write or draw about ways that they can be a good friend to the people around them. Their work can then be put together to form a quilt that can be displayed in the classroom or hallway.



# Center #6: Conflict Resolution Matching Game

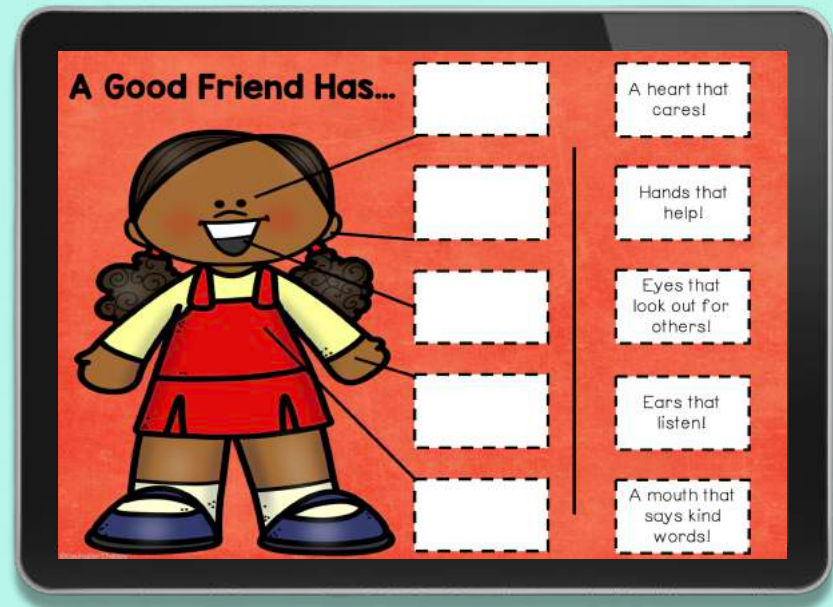
<b>Use An I-Statement</b> Say: "I feel ____ when ____." 	<b>Talk To An Adult</b> If you have tried these 
<b>Say Stop</b> If you see someone who is making you feel bad, you can say "STOP". 	<b>Ask The Person To Stop</b> Say: "Please stop doing that." 
<b>Walk Away</b> Walk away to calm down or to get away from the situation. 	<b>Ignore It</b> If something is annoying you, try to ignore it and act like it's not happening. 
<b>Take Turns</b> Let the other person have a turn at what you can go. 	<b>Talk Calmly To The Other Person</b> Tell the other person how you feel and listen to what they are saying. 
<b>Find A Compromise</b> Find a win-win that you both can accept. 	<b>Share</b> If you both want something, try doing it together! 

Students play a matching game as they learn about different conflict resolution strategies and think about how they can apply each strategy to their lives.



# Google Slides Component

All activities are also included in a Google Slides format to help educators doing distance learning or who are looking to incorporate technology into their lessons.



Please note that the "Note To A Friend" center will not be done digitally. However, there is a Google Slide with instructions for students.

# What Others Are Saying...

“Great resource to use on friendship lessons. I have used this in a group setting as well as individual sessions with students.”

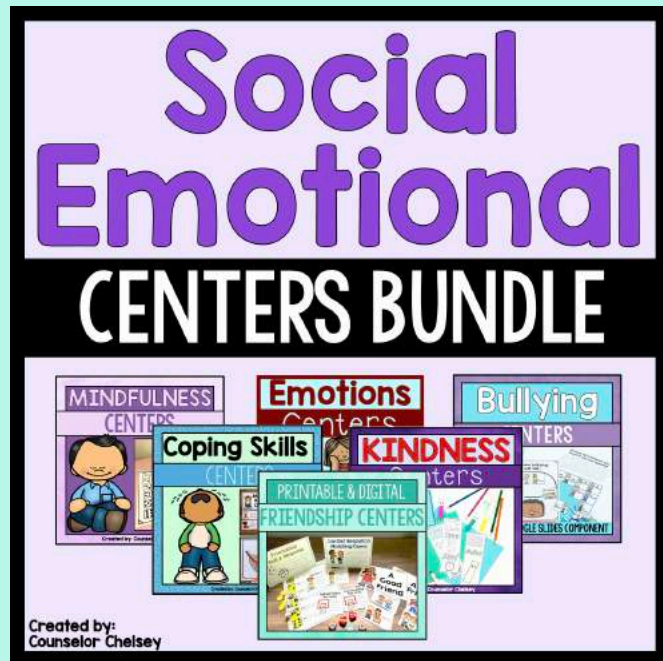
-Kaley S.

“I have used this resource so much within my classroom! The visuals and sorting game are very engaging for my students, and great examples.”

-Rachel T.

“I love adding some variety to my lessons, and this was perfect! Students loved doing different activities and getting up and moving.” -Hannah A.

# Love Using SEL Centers? Bundle & Save!



These centers are a part of a bundle that includes 6 SEL centers focused on mindfulness, emotions, coping skills, kindness and more!

**[See The Bundle Here](#)**