

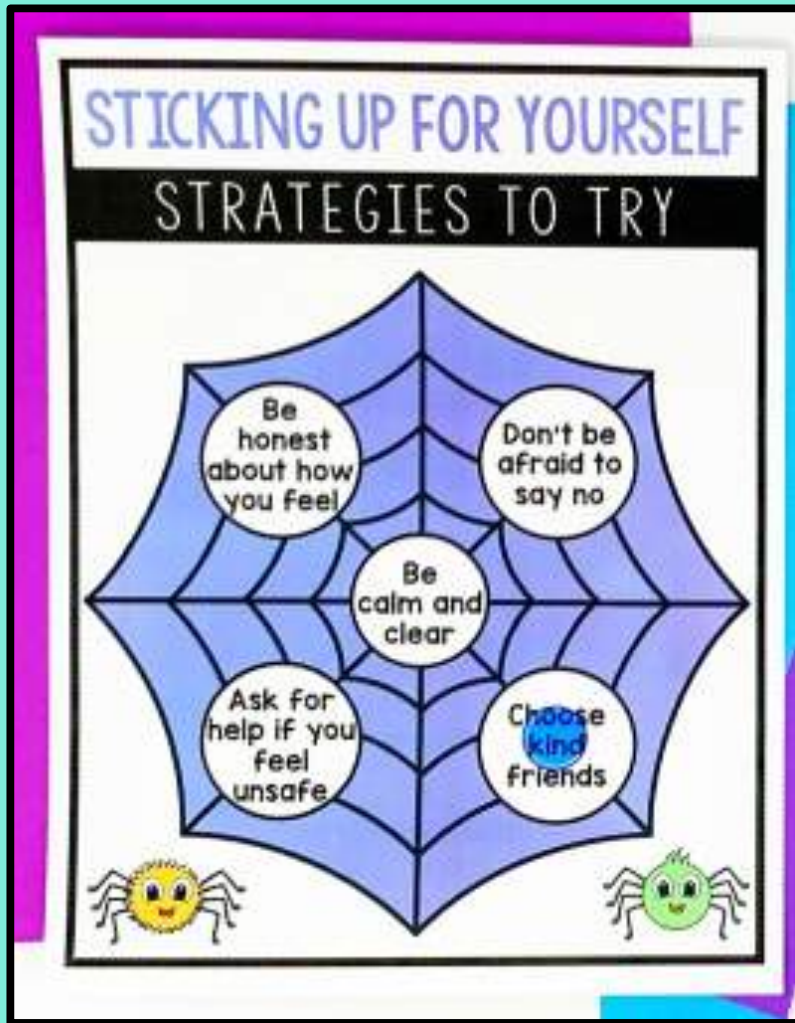
# Use these activities to help your students learn practical ways that they can stick up for themselves!



## THEY ARE PERFECT FOR:

- Lessons on peer pressure
- Lessons on bullying
- Lessons on assertive communication
- Lessons on social skills
- Recognizing Bullying Prevention Month in October
- Working with students who struggle to stick up for themselves

# POSTER/VISUAL AID



This poster can be used as a visual aid for the activities in this resource, or displayed in your classroom or office!

# SORTING ACTIVITY



Students will look at 16 scenario cards and decide whether or not they are examples of sticking up for yourself.

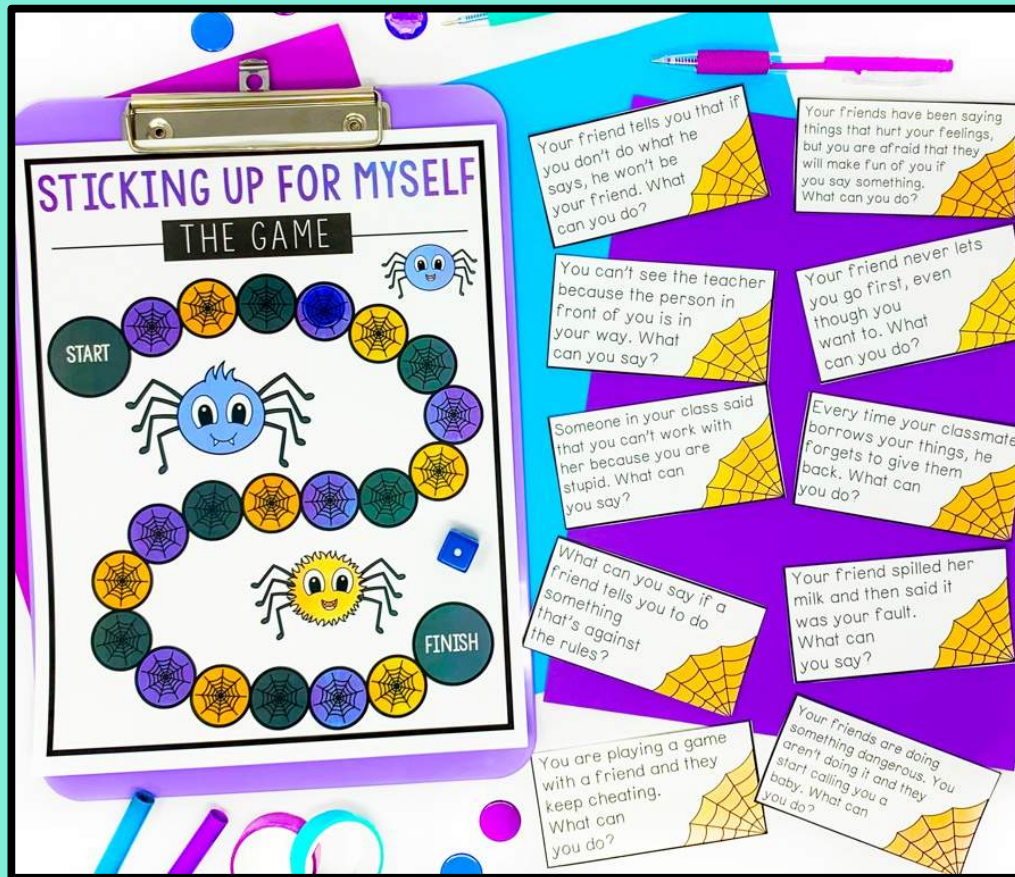
They will put each card in the corresponding envelope.

# FOLDABLE PAGE



Students will respond to prompts that will help them reflect on how they can apply the concepts they have learned to their lives.

# BOARD GAME



Students will make their way around the game board as they role play sticking up for themselves and reflect on how this skill will help them. Includes 20 game cards.