

# Why Should I Use Scoot Games?

- Scoot games allow students to get up and moving while they learn!
- Use the answer key to quickly gauge student knowledge – before or after they learn about the topic.
- Students will look at different scenarios, and see how the topic presents itself in various ways.

## How Do I Use Scoot Games?

- Cut out each of the 30 question cards, and post them throughout the room.
- Each student will receive a grid, and travel from spot to spot answering the question at their spot and recording it in the corresponding block.
- After about 30 seconds, the teacher will yell “SCOOT!” which means that the kids move on to the next spot.
- This game is intended to be fast-paced to keep kids moving and interested!
- After the kids finish each station, you can review the answers as a large group, or they can turn in their papers so that you can get a better idea of their understanding!

# Includes 30 task cards!

Students will travel throughout the room looking at the scenarios and deciding whether or not they are examples of healthy choices.

<p><b>#1</b> When a new video game came out, Alec played it for 12 hours without stopping. Was this a healthy choice?</p>	<p><b>#2</b> Jamey made sure to drink water when he was at football practice. Was this a healthy choice?</p>	<p><b>#13</b> Miriam was feeling stressed out, and her friend offered to give her some medicine to help her feel better. Miriam took the medicine. Was this a healthy choice?</p>	<p><b>#14</b> Maggie doesn't like to wash her hands at school because she doesn't like how the soap smells. Is this a healthy choice?</p>	<p><b>#25</b> Someone is bullying Maria. She doesn't want it to get worse, so she doesn't tell an adult about it. Was this a healthy choice?</p>	<p><b>#26</b> Andre is supposed to take medicine, but he doesn't want to. He decides not to take it. Is this a healthy choice?</p>
<p><b>#3</b> Lucia was feeling frustrated about her homework, so she took a short break and then tried it again. Was this a healthy choice?</p>	<p><b>#7</b> Caroline wanted to eat two pieces of cake, but she only ate one. Was this a healthy choice?</p>	<p><b>#15</b> Robert and his friends weren't getting along, so he asked the school counselor for help. Was this a healthy choice?</p>	<p><b>#19</b> Ezra breaks things when he gets mad. Is this a healthy choice?</p>	<p><b>#27</b> Deja never eats the fruits and vegetables that come with her lunch. Is this a healthy choice?</p>	<p><b>#28</b> Penelope doesn't keep her tablet in her room at night. Is this a healthy choice?</p>
<p><b>#5</b> Steffi drank something that she found in her grandma's refrigerator because it looked good. Was this a healthy choice?</p>	<p><b>#9</b> Marshall took medicine that wasn't his. Was this a healthy choice?</p>	<p><b>#17</b> Ines is feeling sad because she thinks the famous people she follows on social media are prettier than her. She decides to unfollow them. Is this a healthy choice?</p>	<p><b>#21</b> Corinne was afraid of the dentist, so she screamed and wouldn't go in. Is this a healthy choice?</p>	<p><b>#29</b> Solomon washes his hands before he eats. Is this a healthy choice?</p>	<p><b>#30</b> Philip was playing football with his friends. He started to get mad, so he walked away and did something else. Was this a healthy choice?</p>
<p><b>#11</b> Kofi was mad at his mom, so he went in his room, closed the door, and yelled mean things. Was this a healthy choice?</p>	<p><b>#16</b> Kassandra went to school every day. Was this a healthy choice?</p>	<p><b>#18</b> Lucy had an episode then she rode her bike. Was this a healthy choice?</p>	<p><b>#23</b> Wren's stomach was starting to hurt, but she kept eating because the food tasted so good. Was this a healthy choice?</p>	<p><b>#24</b> Rowan watched TV until 3 o'clock. Was this a healthy choice?</p>	<p><b>#30</b> Lydia didn't want to have social media. Her friends try to get her to make a secret account, but she doesn't. Is this a healthy choice?</p>

# Includes answer grid, answer key and poster!

Name: \_\_\_\_\_

## HEALTHY CHOICES

Scoot Game

1. Yes No	2. Yes No	3. Yes No	4. Yes No	5. Yes No
6. Yes No	7. Yes No	8. Yes No	9. Yes No	10. Yes No
11. Yes No	12. Yes No	13. Yes No	14. Yes No	15. Yes No
16. Yes No	17. Yes No	18. Yes No	19. Yes No	20. Yes No
21. Yes No	22. Yes No	23. Yes No	24. Yes No	25. Yes No
26. Yes No	27. Yes No	28. Yes No	29. Yes No	30. Yes No

Name: \_\_\_\_\_

## HEALTHY CHOICES

Scoot Game Answer Key

1. Yes <b>No</b>	2. Yes <b>Yes</b>	3. Yes No	4. <b>Yes</b> No	5. Yes <b>No</b>
6. <b>Yes</b> No	7. <b>Yes</b> No	8. <b>Yes</b> No	9. Yes <b>No</b>	10. <b>Yes</b> No
11. Yes <b>No</b>	12. Yes <b>No</b>	13. Yes <b>No</b>	14. Yes <b>No</b>	15. <b>Yes</b> No
16. <b>Yes</b> No	17. <b>Yes</b> No	18. <b>Yes</b> No	19. Yes <b>No</b>	20. Yes <b>No</b>
21. Yes <b>No</b>	22. Yes <b>No</b>	23. Yes <b>No</b>	24. <b>Yes</b> No	25. Yes <b>No</b>
26. Yes <b>No</b>	27. Yes <b>No</b>	28. <b>Yes</b> No	29. <b>Yes</b> No	30. <b>Yes</b> No

Students will record their answers in the answer grid as they work through the task cards!



Poster can be used during activity or displayed in your classroom or office!