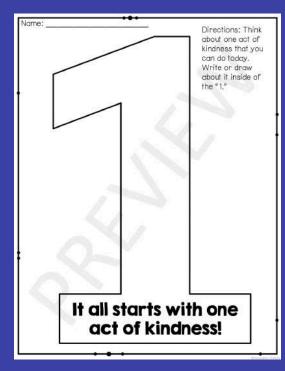
## Use these activities to help your students learn about the power of kindness!



This worksheet can be used with the heading provided to create a bulletin board display! These activities are perfect for:

- Kindness small groups or lessons
- Using with student council or other leadership groups
- Kindness week
- Helping students understand the impact of their words and actions
- Using with or without the book <u>The Power Of One</u> by Trudy Ludwig

## "The Ripple Effect Of Kindness" Interactive Worksheets

Write about what cou that act and finally • You invite The Ripple Effect Of Kindness new to sit Look at the act of kindness and think about all of the good things that could come from it at lunch. Write about what could happen because of the first act. Then, think about the effect of hat act, and finally, the effect of that act 3. 2. You help clean a mess that you didn't make. Ц 3. The R Look at the act of kind Write about what coul that act, and finally, th . You tell so Name The Ripple Effect Of Kindness that you li Look at the act of kindness and think about all of the good things that could come from it. shoes. Write about what could happen because of the first act. Then, think about the effect of that act, and finally, the effect of that act 3. 2. . You do an extra chore at home. 3. 4.

The Ripple Effect Of Kindness Look at the act of kindness and think about all of the good things that could come from it

Name:

Includes 3 worksheets will help kids think about the impact that kindness can have. Students will take turns looking at a scenario and thinking about the effect that each kind act would have.

## "The Power Of Kindness" Matching Puzzles



Students will look at 16 scenarios and will match each act of kindness to the effect that it could have. This can be done individually or in small groups.

## Kindness Spinner



Students will create a spinner of the ways that they can show kindness to the people around them. They can keep it as a reminder of the importance of kindness.