

# This resource at a glance:



## WHAT'S INCLUDED:

- Exploring Feelings Board Game
- Dice Game
- "I Have, Who Has?"
- Guess The Feeling

## IDEAS FOR USE:

- Emotional intelligence lessons
- To help students learn about their feelings and the feelings of others.

**Keep scrolling to learn more about what's in this resource!**

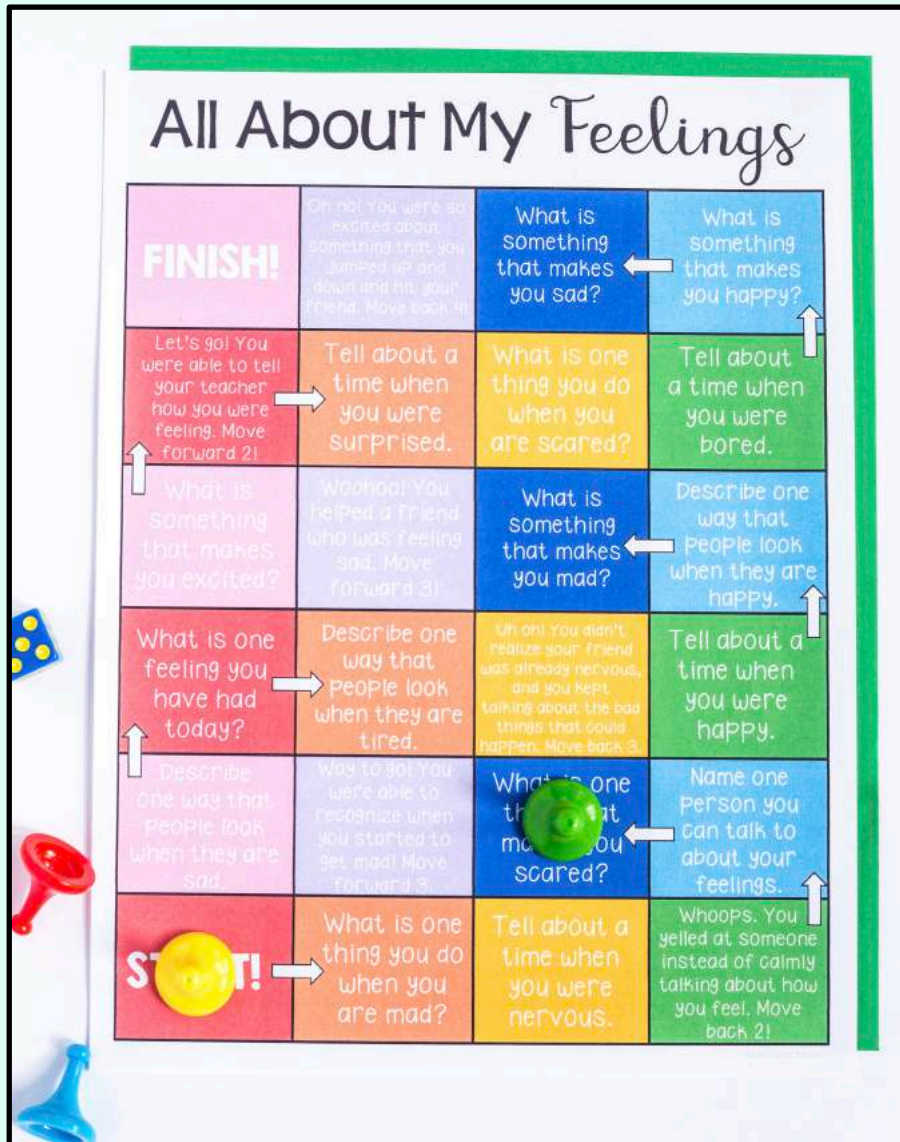
# Feelings Dice Game



Students will roll two dice and respond to the prompts.

They will consider how to recognize their feelings and how to express them appropriately.

# Exploring Feelings Board Game



Students will become more comfortable talking about their feelings as they make their way through the game board.

The game prompts will help kids:

- Reflect on their own feelings
- Identify feelings in themselves others
- Understand the body language and situations associated with various feelings.

# “I Have, Who Has”



This game includes 3 sets of 10 “I Have, Who Has” cards.

Use this interactive game to help students identify feelings based on physical and situational cues.

# Guess The Feeling Game



This interactive game will get your students up and moving as they practice expressing various feelings and identifying the feelings of others.

Students will love acting out the feelings and trying to guess the feelings of others.

# What Others Are Saying...

“Not only did I love this resource but so did my students!! My students loved the dice and it was pretty easy to get them into a deeper conversation! Thanks for this awesome resource!”

–Neha A.

“My students enjoyed using these games. I've used them for class lessons, individual and small group counseling.”

–Angelia T.

“This was a really good way to increase discussions about emotions in a way that was nonthreatening. Students enjoyed the activity.” –Lynn B.

# Love using games in your lessons? Bundle & save!



This resource is a part of a bundle that includes 12 sets of games focused on social emotional learning concepts. Students will have fun learning about empathy, feelings, self-esteem, positive behavior, friendship and more!

**SEE THE BUNDLE HERE**