## ABOUT THIS RESOURCE:



KEEP SCROLLING TO LEARNMORE ABOUT WHAT'S INCLUDED.

## What's Included:

- 20 "Is It Bullying" cards
- 20 "Types Of Bullying" cards
- 20 "Standing Up For Yourself" cards
- 20 "Being An Upstander" cards
- 20 "Kindness \& Empathy" cards
- Sample answers for every task card
- Blank task cards for every section
- 3 task card recording sheets


## What Kids Will Learn:

- What bullying is
- The types of bullying
- How they can stand up for themselves and others


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## Students will get a clear definition of what bullying is and decide whether or not various scenarios describe bullying.



## $20^{\text {"TYPES OF BULLYING" TASK CARDS }}$

Students will learn about four types of bullying: Verbal, social, physical and cyber.
Students will look at various scenarios and decide which type of bullying the scenario describes.


## 20 <br> "STANDING UP FOR YOURSELF" TASK CARDS

Students will review strategies they can use if they are being bullied.

They will look at various scenarios and decide what they can do to stand up for themselves.


```
WHY IS IT IMPORTANT
    TO STAND UP FOR
    YOURSELF IF YOU ARE
    BEING BULLIED?
```



## 20 "BEING AN UPSTANDER" TASK CARDS

## Students will discuss what it means to be an

 upstander and why it is important.
## They will look at various scenarios and decide how they can stand up for others.



## 20 "KINDNESS \& EMPATHY" TASK CARDS

## Students will discuss how showing kindness, empathy and inclusion makes others feel and identify ways that they can be kind to others.



## ADDITIONAL MATERIALS



This resources includes:

- Sample answers for each task card
- Blank task cards
- 3 Task card response sheets


## TeACHING ABOUT BULITING? BUNDLE AND SAVE

## Bullying Prevention ACTIVITIIES BUNDLE



These task cards are part of a bundle that includes 11 resources focused on bullying prevention.

In it, you'll find activities, read alouds, interactive notebooks, games and more!

