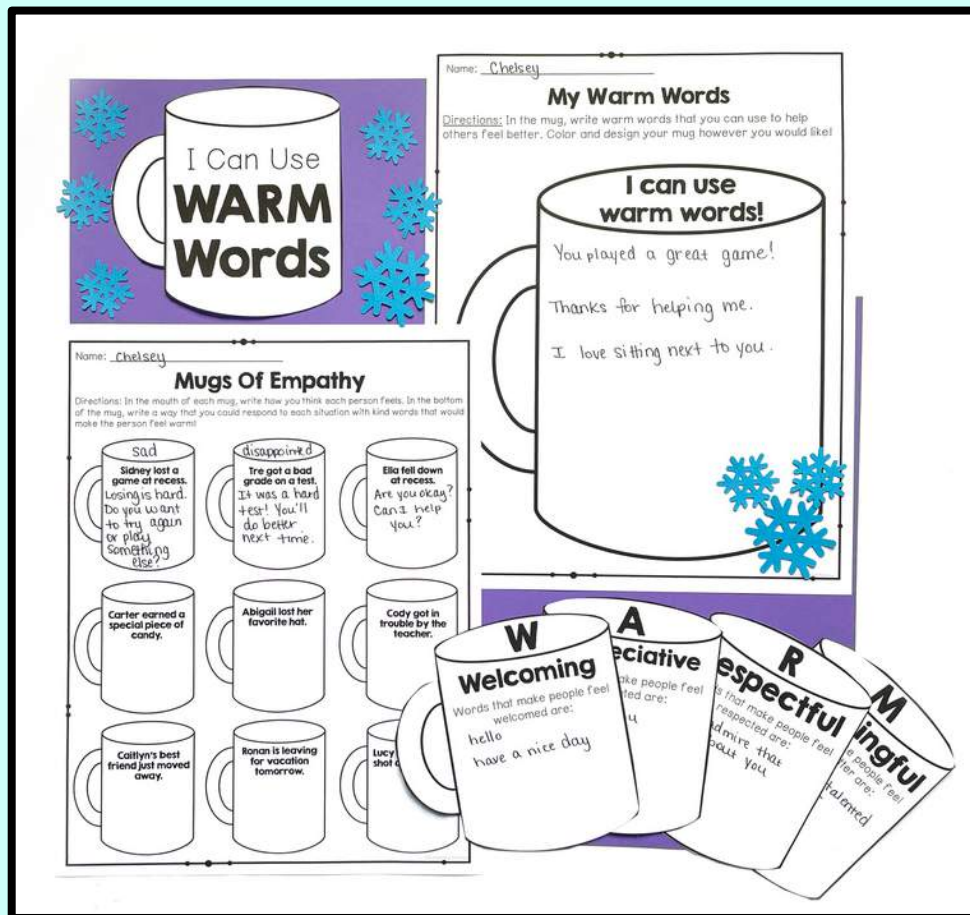


Use these activities to teach your students about kindness and empathy this winter!



Perfect For:

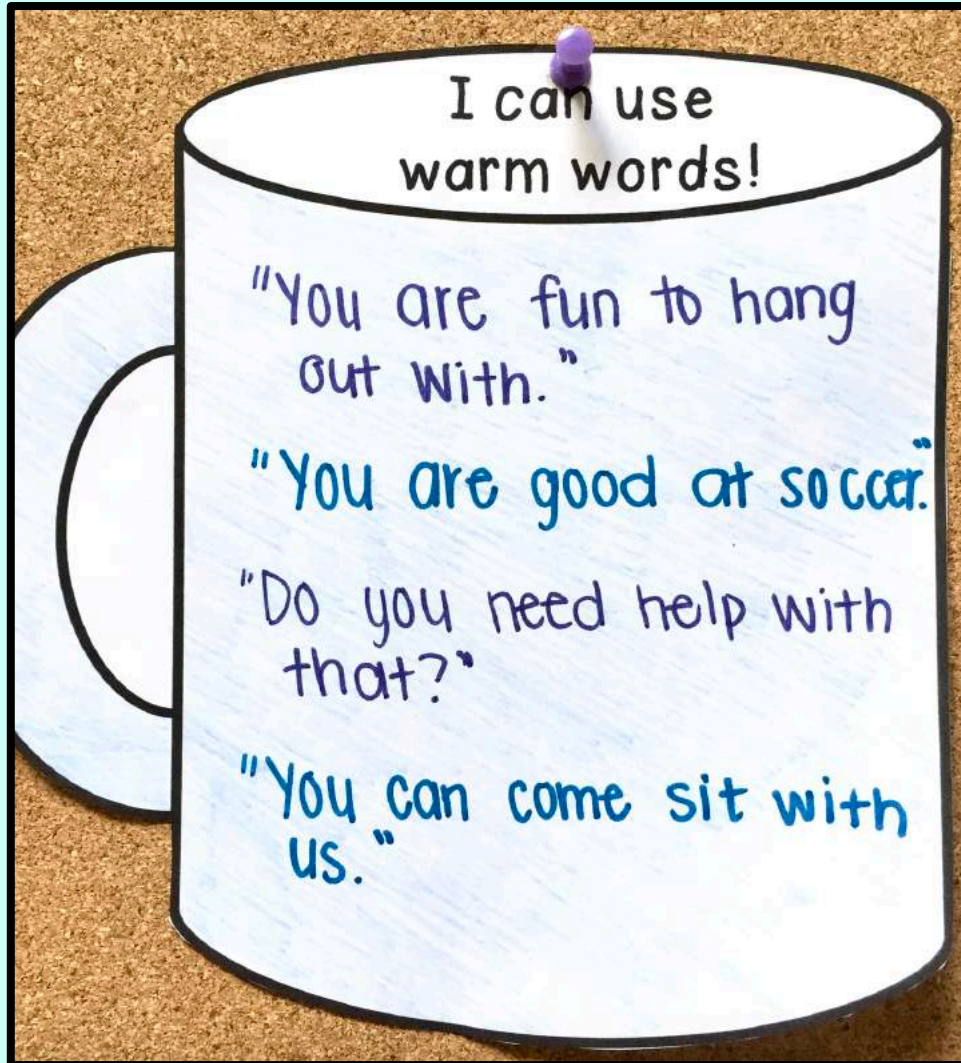
- Character education lessons or small groups
- Empathy lessons or small groups
- With students who could benefit from using kind words
- With students who could benefit from considering the feelings/emotions of others
- During morning meetings or community building in your classroom

WARM WORDS BOOKLET



Students will identify words they can use that are welcoming, appreciative, respectful and meaningful!

BULLETIN BOARD DISPLAY



Students will think of warm words that they can use with others. Students will write their words on their mugs, and can decorate their mugs if desired.

Once they are finished, the mugs can be cut out and used as a bulletin board display.

EMPATHY MUGS WORKSHEET

Name: Chelsey

Mugs Of Empathy

Directions: In the mouth of each mug, write how you think each person feels. In the bottom of the mug, write a way that you could respond to each situation with kind words that would make the person feel warm!

<p>sad</p> <p>Sidney lost a game at recess. Losing is hard. Do you want to try again or play something else?</p>	<p>disappointed</p> <p>Tre got a bad grade on a test. It was a hard test! You'll do better next time.</p>	<p>Ella fell down at recess. Are you okay? Can I help you?</p>
<p>Carter earned a special piece of candy.</p>	<p>Abigail lost her favorite hat.</p>	<p>Cody got in trouble by the teacher.</p>
<p>Caitlyn's best friend just moved away.</p>	<p>Ronan is leaving for vacation tomorrow.</p>	<p>Lucy has to get a shot after school.</p>

Students will look at scenarios and read about the experiences of 9 people. Students will then decide how each person feels, and what they could say to make the person feel warm.

INCLUDES GOOGLE SLIDES

These empathy & kindness activities are also provided in a digital format to support educators doing distance learning or looking to incorporate technology into their lessons!

WARM Words Scenarios

Directions:
Read through each scenario. Then, on the right side of the mug, write how you think the person might be feeling.
At the bottom of the mug, write a way that you could respond to each situation with kind words that would make the person feel warm!

Sidney lost a game at recess. How might she feel? Type Here What could you say? Type Here	Carter earned a special piece of candy. How might he feel? Type Here What could you say? Type Here	Tre got a bad grade on a test. How might he feel? Type Here What could you say? Type Here
Ella fell down at recess. How might she feel? Type Here What could you say? Type Here	Abigail lost her favorite hat. How might she feel? Type Here What could you say? Type Here	Cody got in trouble by the teacher. How might he feel? Type Here What could you say? Type Here
Caitlyn's friend just moved away. How might she feel? Type Here What could you say? Type Here	Ronan is leaving for vacation tomorrow. How might he feel? Type Here What could you say? Type Here	Lucy has to get a shot after school. How might she feel? Type Here What could you say? Type Here

WARM Words Booklet

Directions:
Respond to the prompts in the mugs.
Then, drag the mugs over one at a time to make a booklet.

The "M" is locked into place. So, start with the "R" mug and drag it on top of the "M" mug. Next, drag the "A" mug on top of that, then "W" then the cover mug in the upper right corner.

To look at your answers, drag the mugs back into their original places and then re-stack them if desired!

I Can Use WARM Words	W- Welcoming Words that make people feel welcomed are: Type Here
M- Meaningful Words that make people feel like they matter are: Type Here	
A- Appreciative Words that make people feel appreciated are: Type Here	R- Respectful Words that make people feel respected are: Type Here

WHAT PEOPLE ARE SAYING...

“My students loved this resource. It was easy for me to prep!” –Kara M.

“Used this activity with my social group and it was so fun - thank you!”
–Julia B.

“Your products are incredible! I am using them as part of my morning meeting and dens lessons. The students are really building excellent social skills. Way to go!” – Colleen C.

WANT MORE WINTER RESOURCES? BUNDLE & SAVE!



These activities are a part of a bundle that includes 11 winter themed SEL and counseling resources. They will help you celebrate Christmas, New Year's, Valentine's Day, and the winter season with your students!

SEE THE BUNDLE HERE