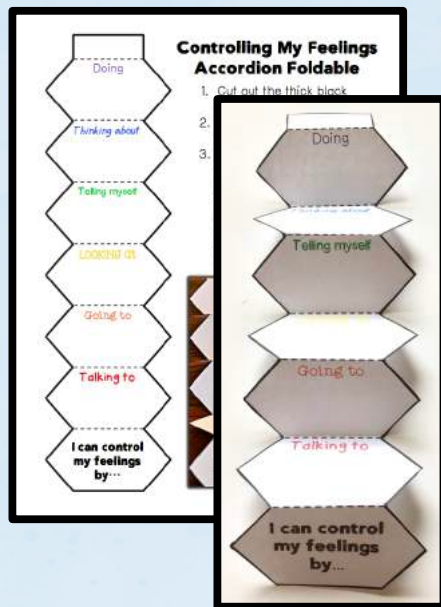


These self regulation foldable pages are perfect for:

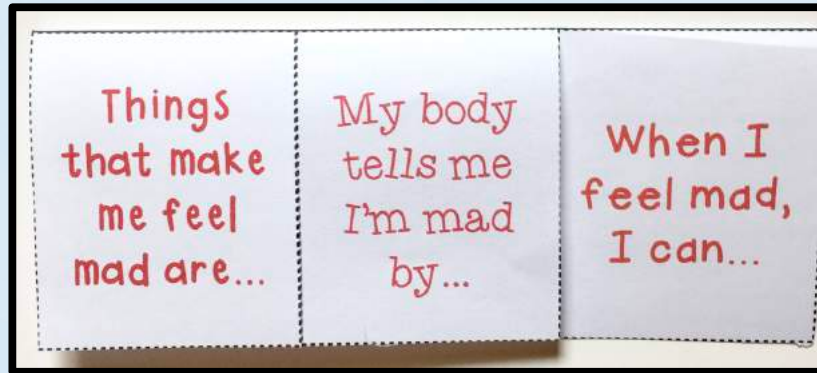
- Self regulation lessons or small groups
- Anger management lessons or small groups
- Coping skills lessons or small groups
- Zones of Regulation lessons or small groups
- With students who could benefit from better managing their emotions
- With students who could benefit from being more aware of their emotions



Includes an accordion foldable page!

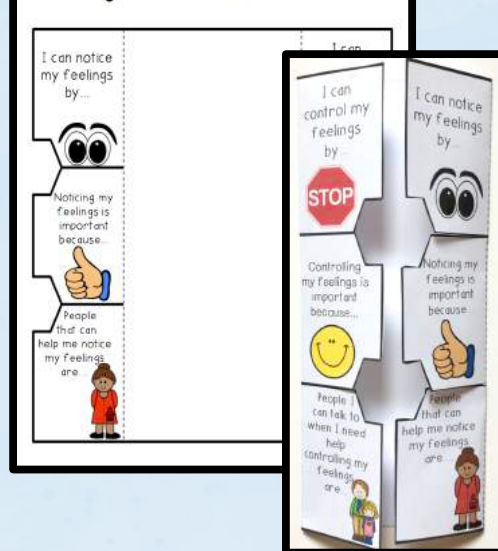
Includes an accordion style foldable page to help students learn appropriate ways to regulate and cope with their emotions.

Includes 5 “Identifying Feelings” foldable pages!



Includes 5 foldable pages to help students identify their feelings, what causes their feelings, and how to control their feelings. Foldable pages included for sadness, anger, worry, hyper, and one left blank so the student can fill in any emotion.

Self Regulation Shutter Foldable



Includes a shutter foldable page!

Includes a shutter foldable page to help students learn to recognize and cope with their feelings.