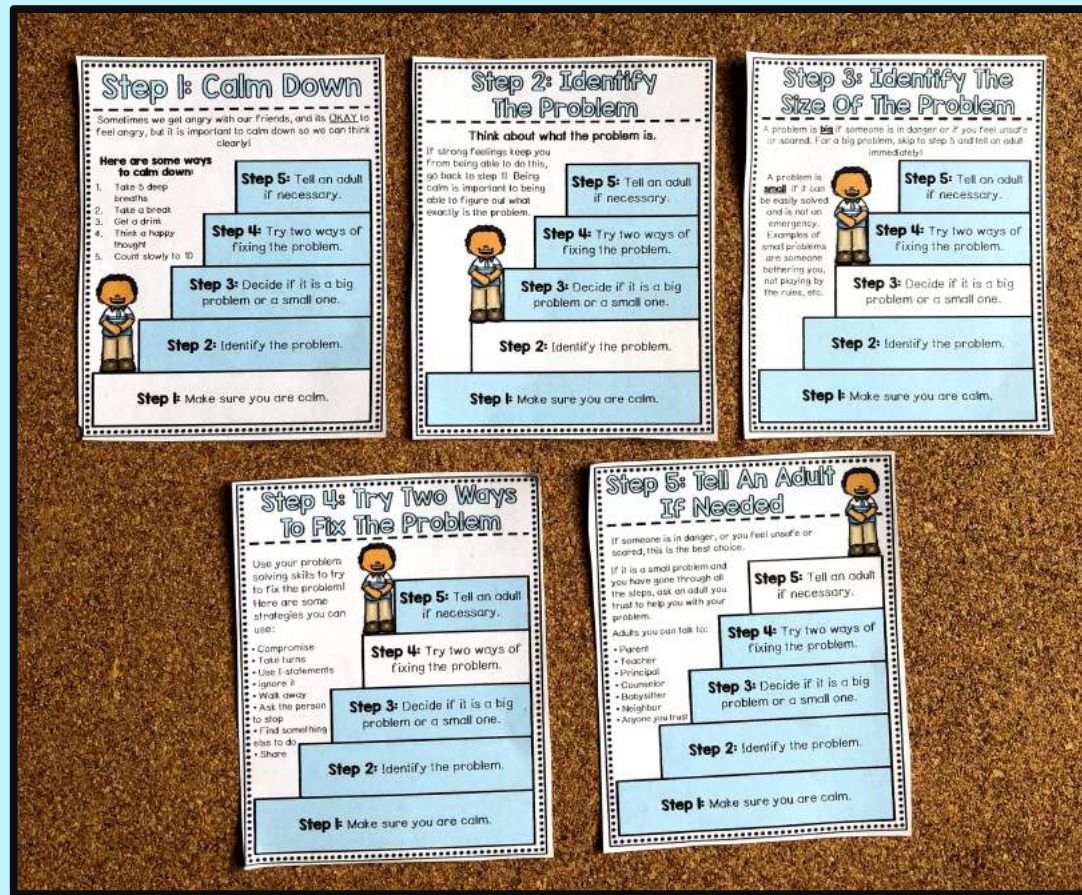


Help your students learn to solve their own conflicts with these 5 steps!



Posters included in color and black and white!

Step 1: Calm Down

Step 2: Identify The Problem

Step 3: Identify The Size Of The Problem

Step 4: Try Two Ways To Fix The Problem

Step 5: Tell An Adult If Needed

Includes 5 role play practice worksheets!

Students will practice applying the 5 conflict resolution steps to scenarios they may experience in real life.

A friend calls you a mean name.

Draw a picture in the space below of how you could solve the problem and then fill in the steps!

I feel hurt when you call me a name. I want you to be kind!

Step 5: Do you need to tell an adult?
Yes No
unless it keeps happening

Step 4: 2 ways to fix it!
1. use an I-Statement 2. ask them to Stop

Step 3: Big problem or small?
Small

Step 2: What's the problem?
My friend isn't being kind

Step 1: How will you calm down?
Walk away for a few minutes

Includes 2 reflection worksheets!

Students will reflect on how they could have used the 5 conflict resolution steps in a past conflict, and how they can use the steps to solve a current conflict.

Conflict Resolution Reflection Sheet

Name: Mis Crissey

What was my conflict? My brother and I couldn't agree on what game to play

Step 1: Did I need to calm down? If so, did I choose to calm down? How? Yes - I went to the kitchen and got a drink

Step 2: What was the actual problem? We both wanted something different

Step 3: Was my problem big or small? How did I know? Small - none was unsafe

Step 4: Which strategies did I use to fix my problem? Did they work? Was there something else I could have tried? Made a compromise / took turns. We played his game first, then mine

Step 5: Did I tell an adult? Did I need to tell an adult? No - I didn't need to

Did I resolve this conflict in a healthy way? Yes

Could have I done anything differently? If so, what? No

We Can Solve Our Conflict!

Name: Chasey and Kaitlyn

What is the conflict? Kaitlyn says Chasey has been talking about her. Chasey says she hasn't

Step 1: Are you both calm? If not, how do you plan on calming down. Make sure you are calm before moving on to step 2. We are both calm

Step 2: What is the actual problem? Kaitlyn doesn't know what to believe. Chasey wants Kaitlyn to believe her.

Step 3: Is this a big problem or a small problem? Why? Small - everyone is safe and we can solve it ourselves.

Step 4: Which 2 strategies are you going to use to try to fix the problem? Talking about it using I-Statements

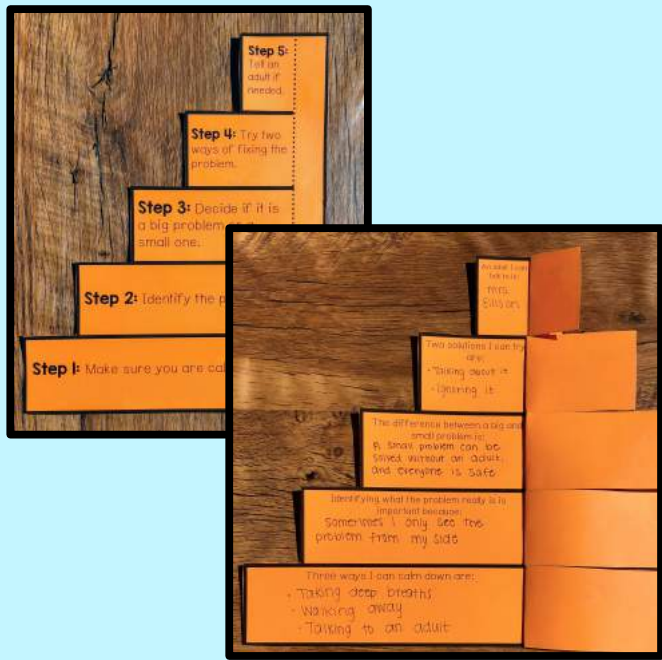
Step 5: Do we need to involve an adult, or can we solve this on our own? We can try on our own first, but we may need help

We resolved our conflict by: Kaitlyn understands that she can trust Chasey

Is there anything we need to do differently next time? If so, what? Next time we need to try to solve our conflict more quickly.

Includes a conflict resolution steps flap book!

This flap book can be completed and kept by the students as a reminder of what the 5 conflict resolution steps are and how to use them!



These activities are perfect for:

- Conflict resolution lessons or small groups
- Friendship skills lessons or small groups
- Social skills lessons or small groups
- Students who come to your classroom or office because they are currently in conflict
- Students who frequently experience conflict with other students
- When using restorative practices