

Includes 2 sets of 18 puzzles!

- Students will match each problem scenario to the correct problem size.
- Each of the 2 sets has 6 puzzles per problem size (small, medium, and big)

Big Problem

Tell an adult right away

You see a bad car accident while you are outside playing

Medium Problem

Raise your hand, walk away, ask a friend for help, or calm down

Someone threw a grape at you in the cafeteria.

Small Problem

Talk it out calmly, ignore it, choose something else to do, or take deep breaths.

Your mom won't let you go outside.

Name: _____

My Reactions Fit My Problems!

A big Problem I have had is: _____

A medium Problem I have had is: _____


A small Problem I have had is: _____

A time that my reaction was: _____

At a time that my reaction was: _____

It's important for my Problem because: _____

If I am starting to _____



Name: _____


My Problems And Reactions!

Write about four problems you may face. What size is the problem? Write a reaction that fits the problem.

Size: The Problem:	➤➤	Size: The Reaction:
Size: The Problem:	➤➤	Size: The Reaction:
Size: The Problem:	➤➤	Size: The Reaction:
Size: The Problem:	➤➤	Size: The Reaction:

Includes 2 worksheets!

Students will reflect on problems and reactions they have faced in the past. Students will also consider appropriate ways to react to their own problems!

BIG Problem	Does your reaction fit the size of the problem?
Yell Tell an adult right away Run Call 911	
Medium Problem	
Raise your hand, ask a classmate to help you, walk away, calm down, have someone help you think of a solution.	
Small Problem	
Walk away, talk it out, choose something else to do, ignore it, tell yourself it will be okay.	

Includes a poster/visual aid!

This can be used as a reference during the activity or displayed in your classroom/office.