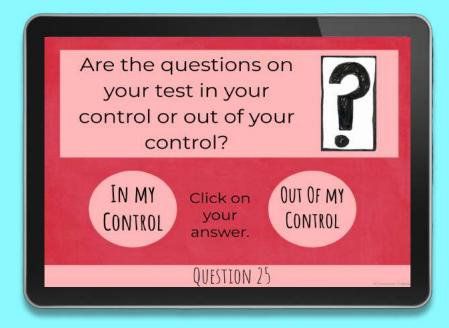
## THIS GAME FOR GOOGLE SLIDES INCLUDES 30 QUESTIONS TO HELP STUDENTS UNDERSTAND WHAT IS IN THEIR CONTROL AND WHAT IS NOT.





This activity is great to help students with emotional regulation skills and self control.

## STUDENTS WILL DECIDE WHETHER THEY THINK EACH SITUATION IS IN THEIR CONTROL OR OUT OF THEIR CONTROL.





When they click on their answer, they will find out whether or not they chose correctly. Then, the correct answer will be revealed with an explanation.

## THIS GAME IS PERFECT FOR....

- Working with students on emotional regulation or coping skills
- Supporting students with anxiety
- Small group lessons
- Classroom lessons
- Counselors doing distance learning
- Adding fun to your in-person lessons with no contact

THE TEXT ON THE QUESTION AND ANSWER SLIDES ARE EDITABLE TO SUIT YOUR SPECIFIC NEEDS.