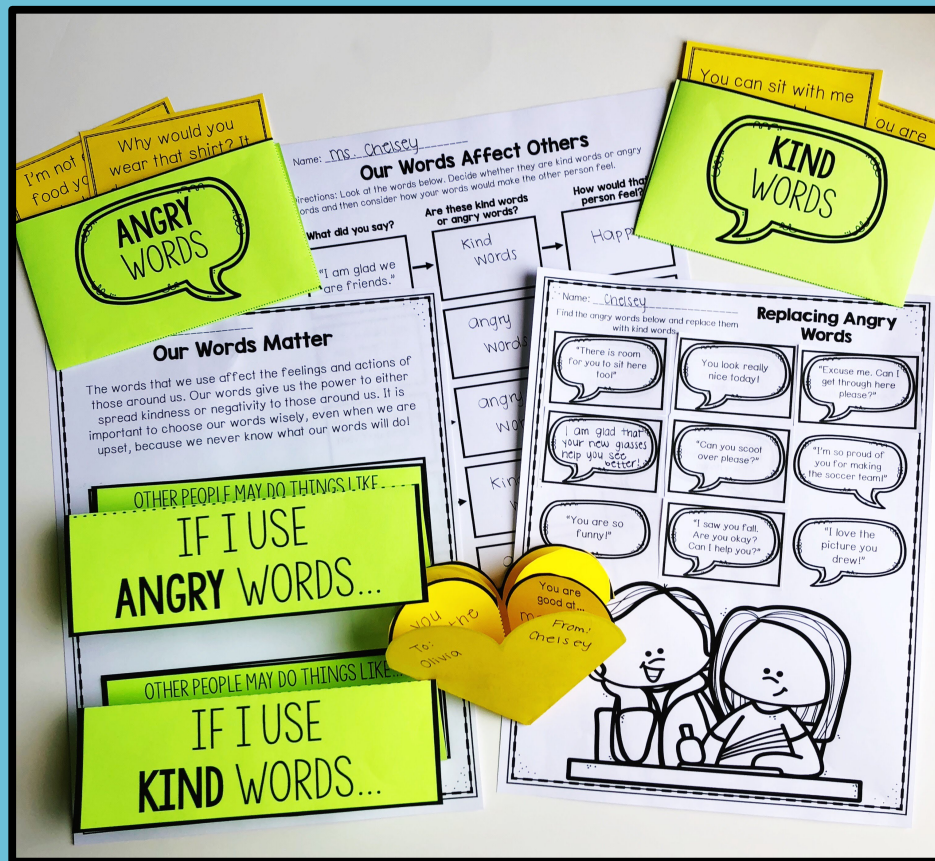


Help your students learn about spreading kindness through their words with these activities and worksheets!

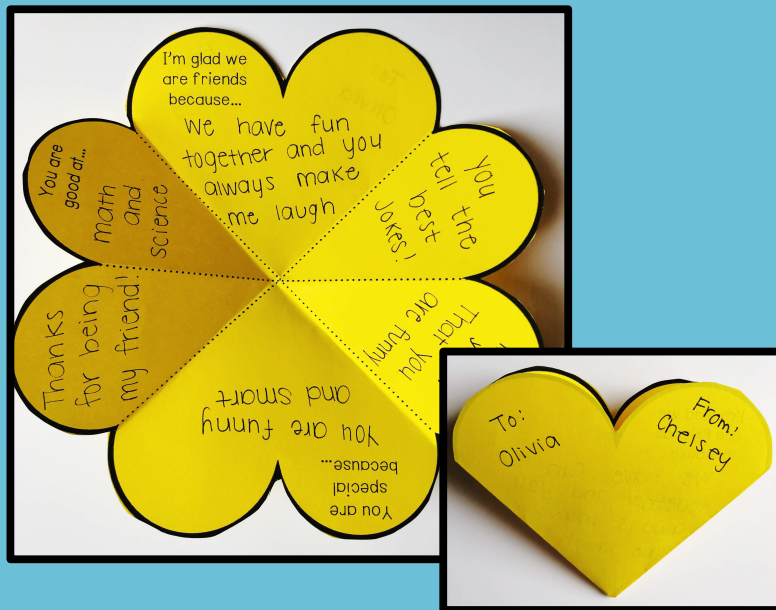


- These activities can be used with or without the book "Andrew's Angry Words" by Dortehea Lachner!
- These activities can be used in individual, small group or classroom lessons.
- They are perfect for students who could benefit from thinking about the impact of their words and behaviors.



“Angry Words Or Kind Words” Sort

Students will look at 24 scenarios and decide whether they are “kind” words or “angry” words. Students will then put them into the appropriate pocket.



“Sharing My Gift” Kind Words Foldable Activity

Students will construct a foldable activity, and write kind words about/to a friend or classmate. They can then “gift” their kind words to the other person!

Includes 2 interactive worksheets, and one traditional worksheet!

Students will:

- Consider how their words affect the feelings and actions of others.
- Look at “angry” words and replace them with “kind words.”

Name: _____

Our Words Matter

The words that we use affect the feelings and actions of those around us. Our words give us the power to either spread kindness or negativity to those around us. It is important to choose our words wisely, even when we are upset, because we never know what our words will do!

OTHER PEOPLE MAY DO THINGS LIKE...

IF I USE ANGRY WORDS...

OTHER PEOPLE MAY DO THINGS LIKE...

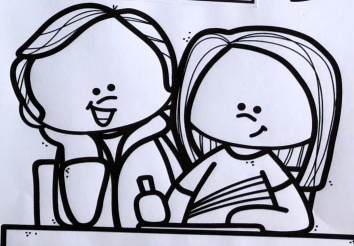
IF I USE KIND WORDS...

Name: Chelsey

Replacing Angry Words

Find the angry words below and replace them with kind words.

"There is room for you to sit here fool!"	"You look really nice today!"	"Excuse me. Can I get through here please?"
"I am glad that your new glasses help you see better!"	"Can you scoot over please?"	"I'm so proud of you for making the soccer team!"
"You are so funny!"	"I saw you fall. Are you okay? Can I help you?"	"I love the picture you drew!"



Name: ms. Chelsey

Our Words Affect Others

Directions: Look at the words below. Decide whether they are kind words or angry words and then consider how your words would make the other person feel.

What did you say?	Are these kind words or angry words?	How would that person feel?
"I am glad we are friends."	Kind words	Happy
"Why would you say that? It doesn't make sense."	Angry words	Stupid
"Stop bothering me! You are so annoying!"	angry words	Frustrated
"You can come sit with us if you want!"	Kind words	Welcomed
"Your new haircut looks funny."	angry words	embarrassed