

Use these no-prep activities to help students learn what it means to be a good friend.



Perfect for:

- Friendship lessons or groups
- Bullying prevention lessons
- Lessons or activities focused on improving school community
- Students who could benefit from learning to be a good friend

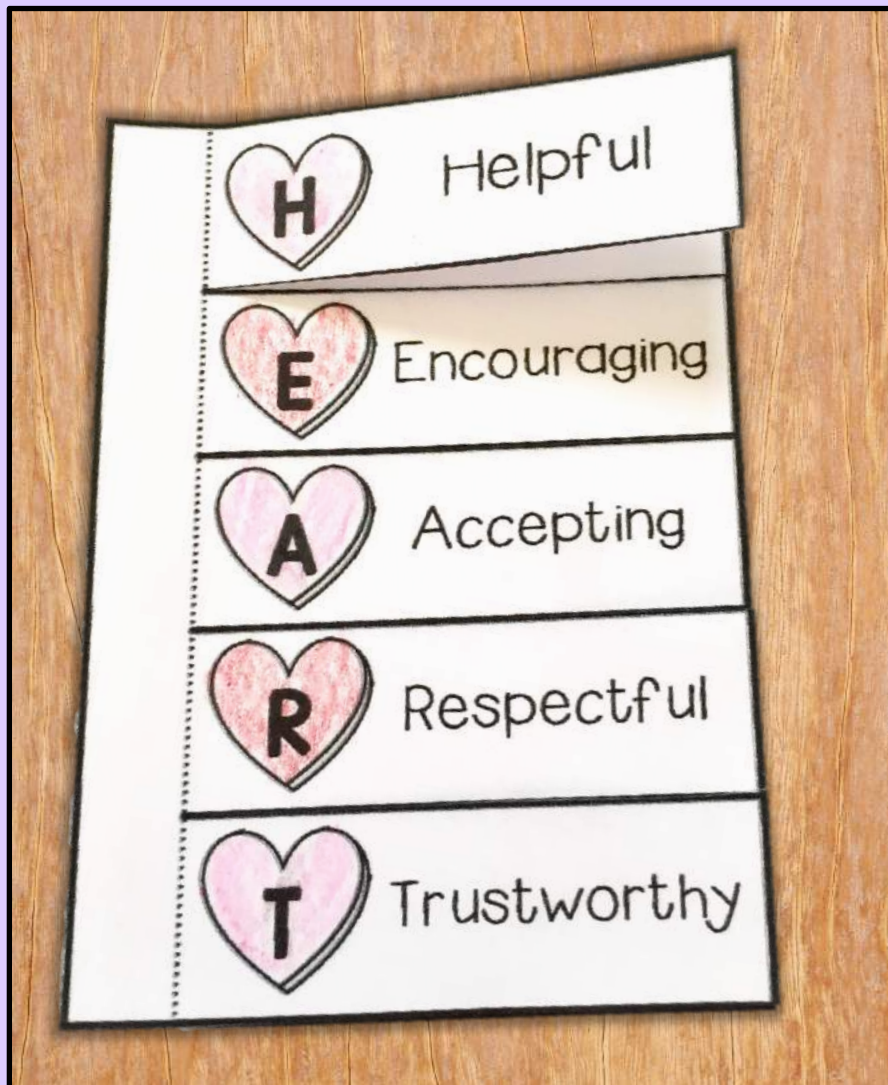
Poster/Visual Aid



This poster will help your students learn what it means to be a HEART friend.

Use it as a visual aid as you complete the other activities in this resource, or display it in your classroom.

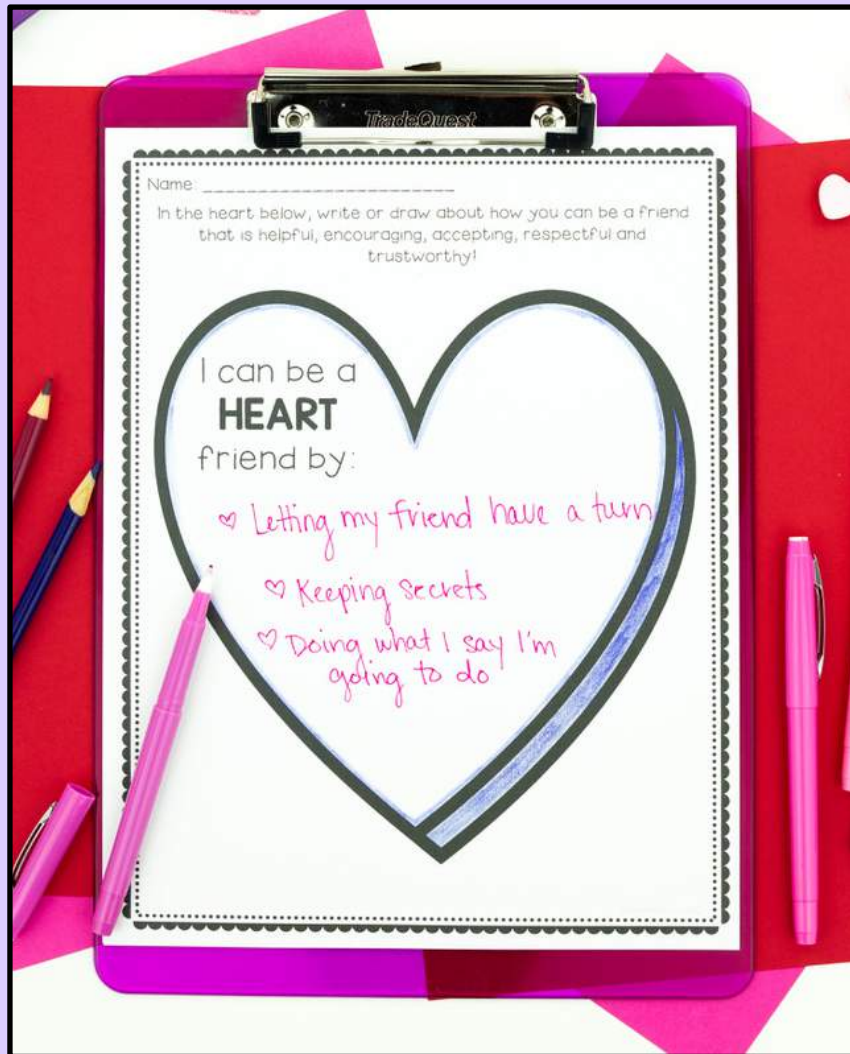
HEART Friend Flap Book



Use this flap book to help students learn what it means to be a HEART friend.

Students will come up with examples for each letter of the acronym.

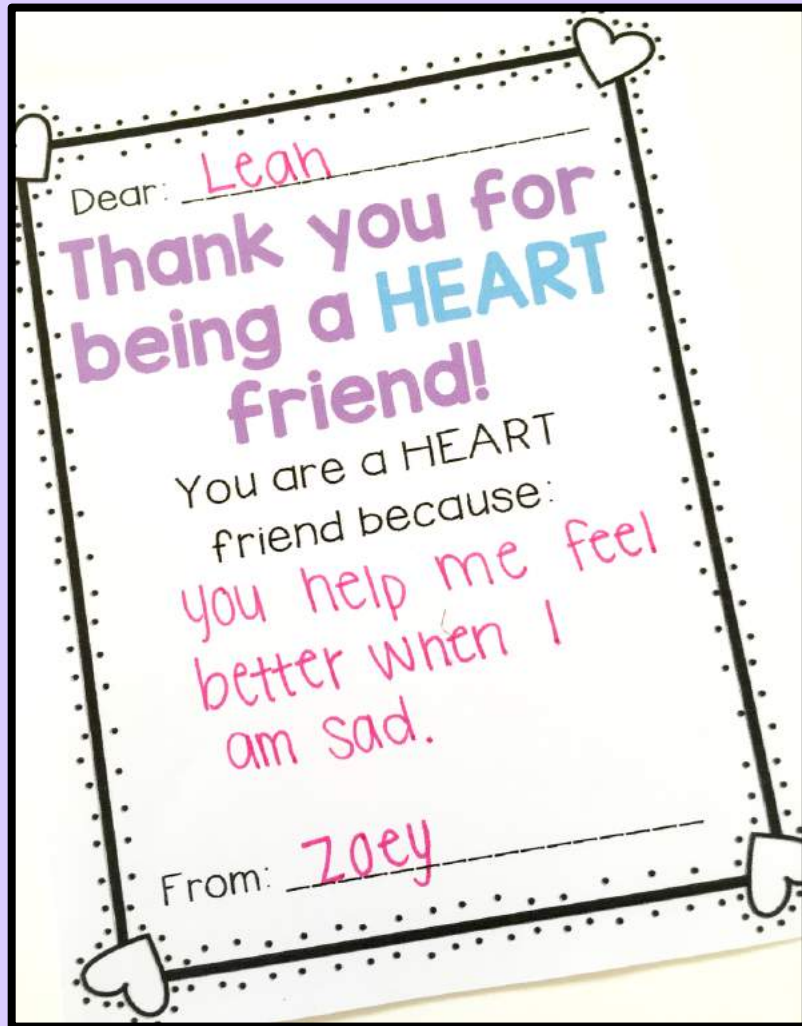
Worksheet/Display



Students will identify practical ways that they can be a HEART friend.

This worksheet can be cut out and used as a bulletin board display.

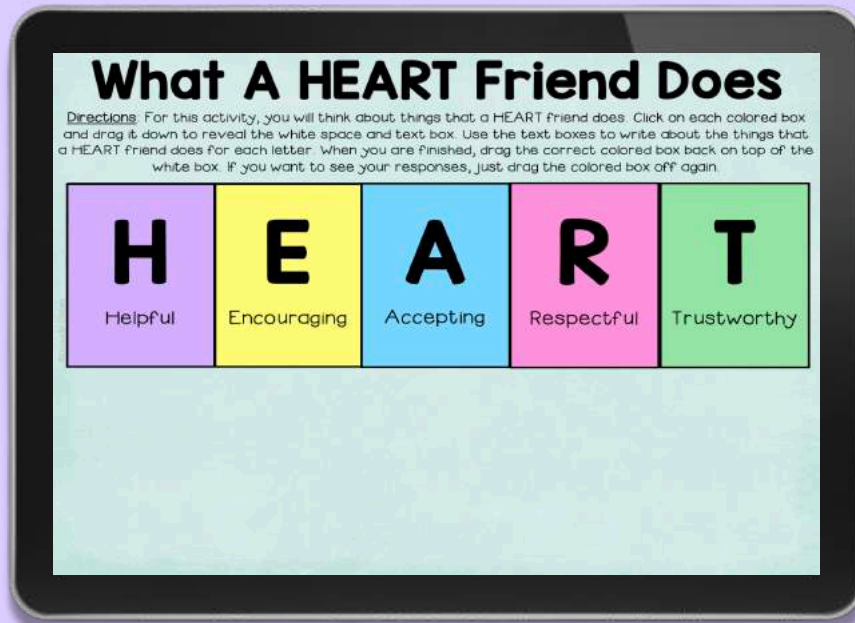
HEART Friend Notes



Students can send encouraging notes to each other for being a HEART friend.

Use these as a part of your lesson or to encourage friendship & kindness school-wide.

Includes Google Slides



These friendship activities are also provided in a digital format to support educators doing distance learning or looking to incorporate technology into their lessons!

What Others Are Saying...

“My students loved the activities. They took their time thinking about each part of the heart and wrote some special thoughts.”

—Stephanie V.

“This was the perfect resource for my February SEL lessons. Thank you!”

—Carolina K.

“This was a great resource to use in February. It tied in with not only Valentines, but Friendship Day, Pink Shirt Day, Random acts of kindness etc.”

WANT MORE WINTER RESOURCES? BUNDLE & SAVE!



These activities are a part of a bundle that includes 12 winter themed SEL and counseling resources. They will help you celebrate Christmas, New Year's, Valentine's Day, and the winter season with your students!

SEE THE BUNDLE HERE