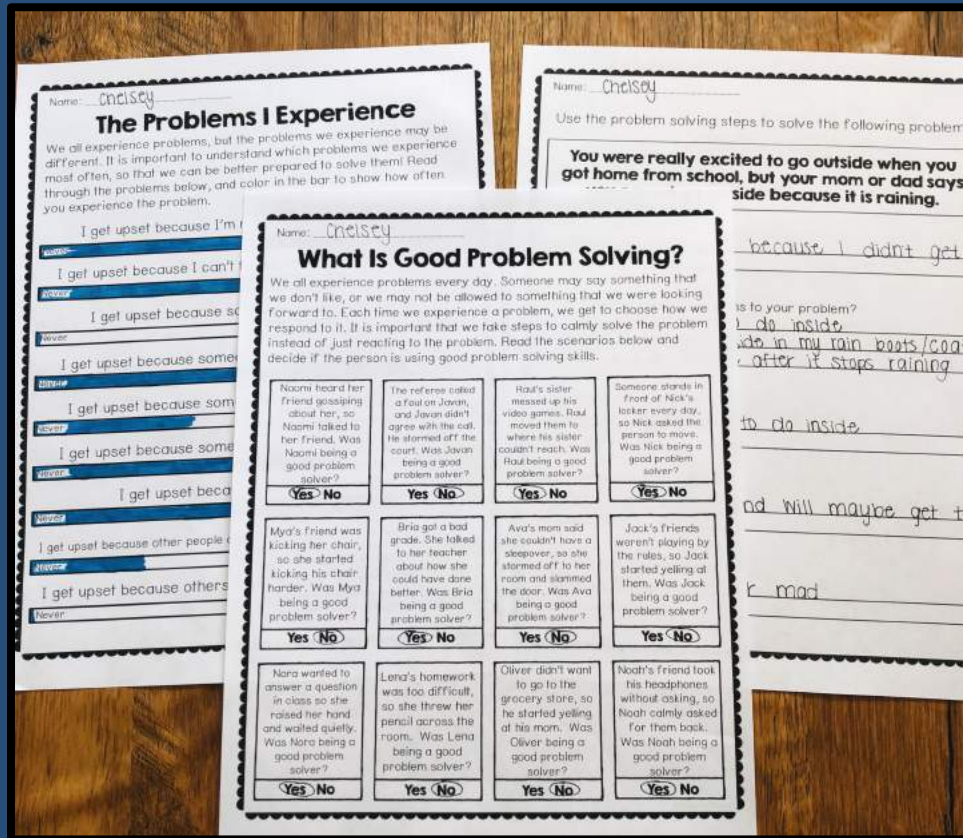


These 25 no prep social problem solving worksheets helps students to learn to solve problems instead of just reacting to them.



Perfect for...

- Social problem solving lessons or small groups
- Social skills lessons or small groups
- As a follow up to social problem solving lessons
- Students who struggle with impulse control
- Students who have ADHD
- Students who struggle with effective decision making

6 SKILL-BUILDING WORKSHEETS

These worksheets will help students learn:

- What problem solving is
- Why it's important
- Four steps they can use to solve problems instead of reacting to them

The image displays a collage of six educational worksheets designed to teach problem-solving skills. Each worksheet includes a title, an introductory paragraph, and various activities or questions.

- When Problem Solving is Hard:** Discusses how emotions can make problem-solving difficult and suggests seeking adult help.
- Problem Solving Strategies:** Lists various strategies like "Use an I-Statement" and "Take turns" for students to identify and use.
- Reacting V. Problem Solving:** Explains the difference between reacting impulsively and solving problems thoughtfully.
- Considering Consequences:** Encourages students to think about the potential outcomes of their choices.
- What Is Good Problem Solving?:** Provides scenarios (e.g., Raul's sister, Ava's mom) for students to evaluate as good or bad problem-solving examples.
- Problem Solving Steps:** Outlines a four-step process: 1. Identify the problem, 2. Identify multiple ways to solve it, 3. Think about the consequences, and 4. Choose the best choice.

6 REFLECTION WORKSHEETS

The image displays six overlapping reflection worksheets. The visible ones include:

- Social Problem Solving Self Reflection:** Includes a name field, a list of experienced problems, and a section on how the student normally solves problems.
- The Problems I Experience:** Includes a name field and a section for describing a problem and how often it occurs.
- Think of a time when there was a problem and you solved it instead of reacting to it:** Includes a name field and a prompt to describe the problem.
- Think of a problem that you may experience in the future. Use the problem solving steps to solve it:** Includes a name field and a prompt to describe a future problem.
- Think of a time when there was a problem and you reacted to it instead of trying to solve it:** Includes a name field and a prompt to describe a past reaction.
- Wrap-Up:** Includes a name field, a section on how completing activities helped become a better problem solver, a section on why it's important to be a problem solver, and a self-ranking section with five statements and a 1-5 scale.

These worksheets will help students reflect on:

- The problems they experience
- How they usually respond to them
- What they can do differently

13 ROLE PLAY WORKSHEETS

The image displays a collage of 13 role-play worksheets, each with a unique problem scenario and a structured problem-solving template. The scenarios include:

- Your teacher is making you stay in far recess, or stay after school to complete missing assignments. You are frustrated because you...
- You were really excited to go outside when you got home from school, but your mom or dad says...
- Your brother or sister took your favorite shirt without asking.
- Someone at school is saying mean things about you.
- You are called "out" in a kickball game, even though you do not think you were "out".
- You are working on something in class and it is very difficult. You begin to feel frustrated.
- Your mom says you are grounded for something you did not do.
- Your classmate keeps talking to you while you're working, even though you have asked him/her to stop.
- Your teacher says it is time to get off of the computer, but you do not want to get off.
- Your brother or sister will not get out of your room, even though you have asked several times.
- Your mom will not let you go to a friend's house because you got a bad grade on a test.
- You have to go to your grandma's house this weekend, but you want to go to a friend's house instead.
- You spent three days building a class project, and your little sister or brother messed it up.

Each worksheet includes a 'Name:' field, a 'Use the problem solving steps to solve the following problem:' instruction, a 'What is the problem?' section, a 'What are three possible solutions to your problem?' section with numbered lines (1, 2, 3), a 'Which solution is the best?' section, a 'What will happen afterward?' section, and a 'How will you feel afterward?' section.

Students will look at 13 real-life scenarios and decide how they could use the problem solving strategies in those situations.

WHAT OTHERS ARE SAYING...

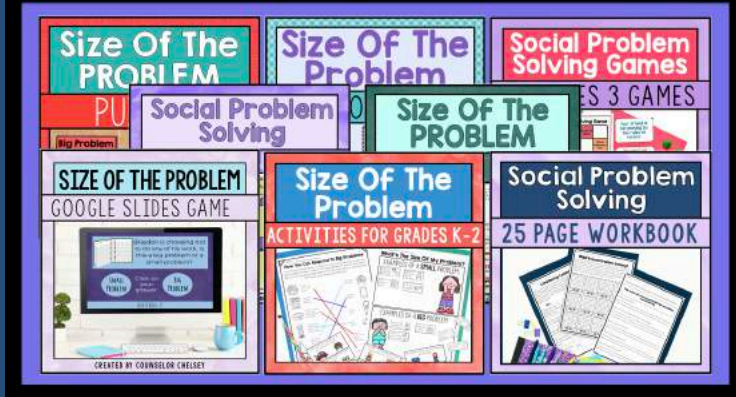
“My students were engaged and learned thought-provoking skills! Thanks!” –Colleen T.

“This resource provided everything I needed for a great lesson. The students were engaged and participated throughout.”
– Crystal S.

“This was a great resource for teaching problem solving to students. I love how relatable it was for them and it was user friendly.” – Lia J.

TEACHING ABOUT PROBLEM SOLVING? BUNDLE & SAVE!

SOCIAL PROBLEM SOLVING BUNDLE
INCLUDES 8 RESOURCES



This resources is included in a set of other social problem solving activities. The 8 resources will help K-5 students learn about:

- Size of the problem
- Problem solving strategies
- Solving the problem instead of reacting to it

SEE THE BUNDLE HERE