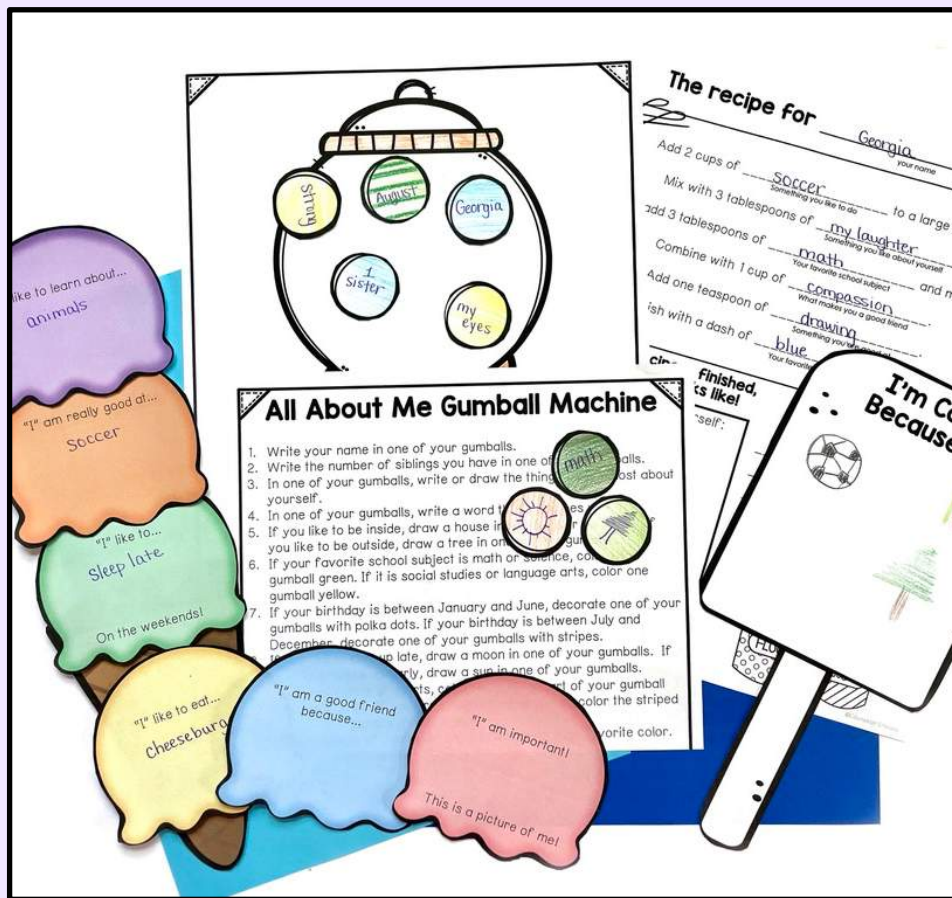


Includes 5 dessert themed activities that your little learners will love!

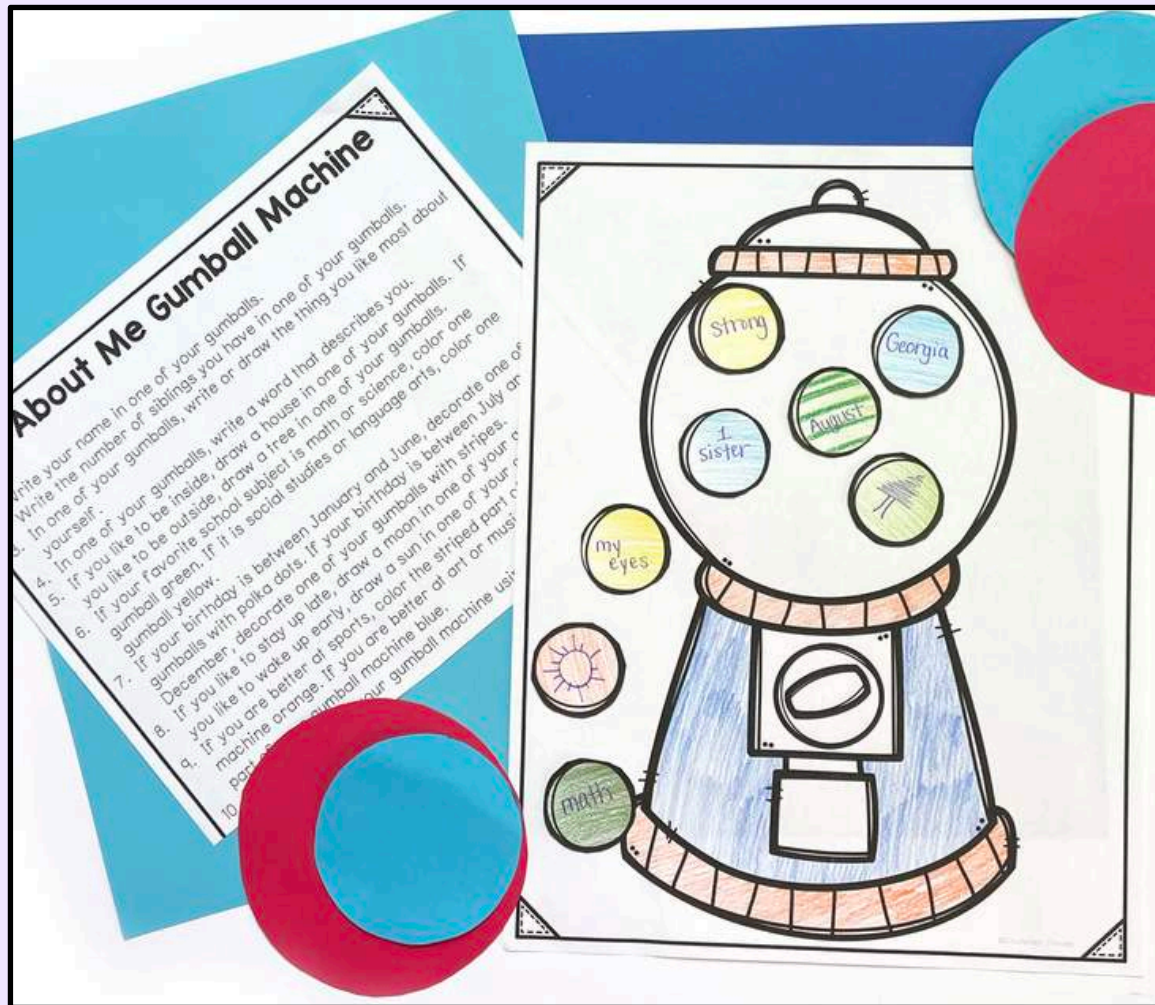


Each activity comes in BW and includes discussion prompts.

They are perfect for...

- Self esteem lessons or groups
- Helping students learn about positive self talk
- Helping students who could benefit from being more confident in themselves
- Helping students who could benefit from celebrating their strengths
- Helping students could benefit from seeing themselves as valuable

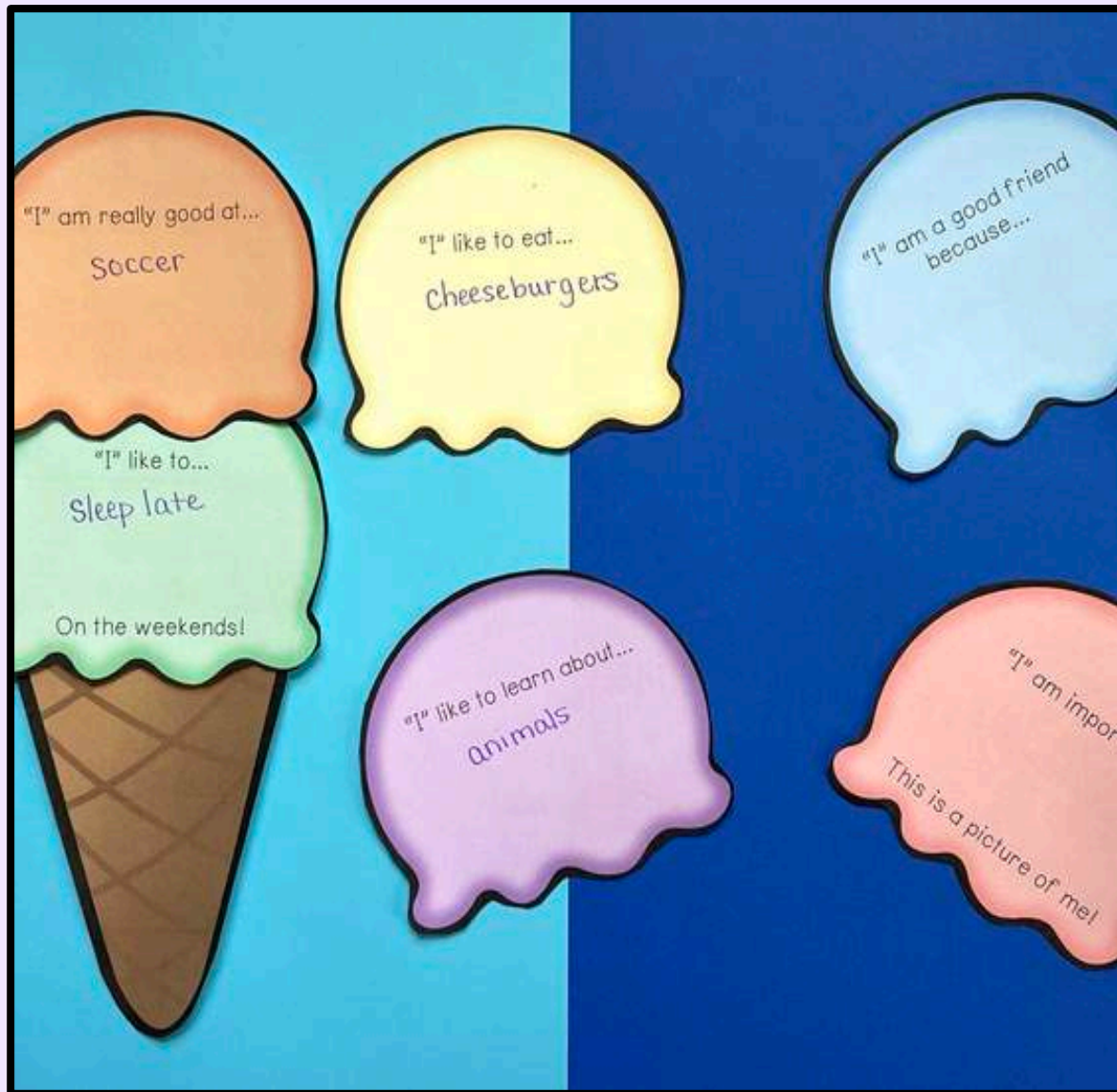
All About Me Gumball Machine



Students will decorate their gum balls and gumball machines according to 12 prompts.

They will learn to appreciate what makes them unique!

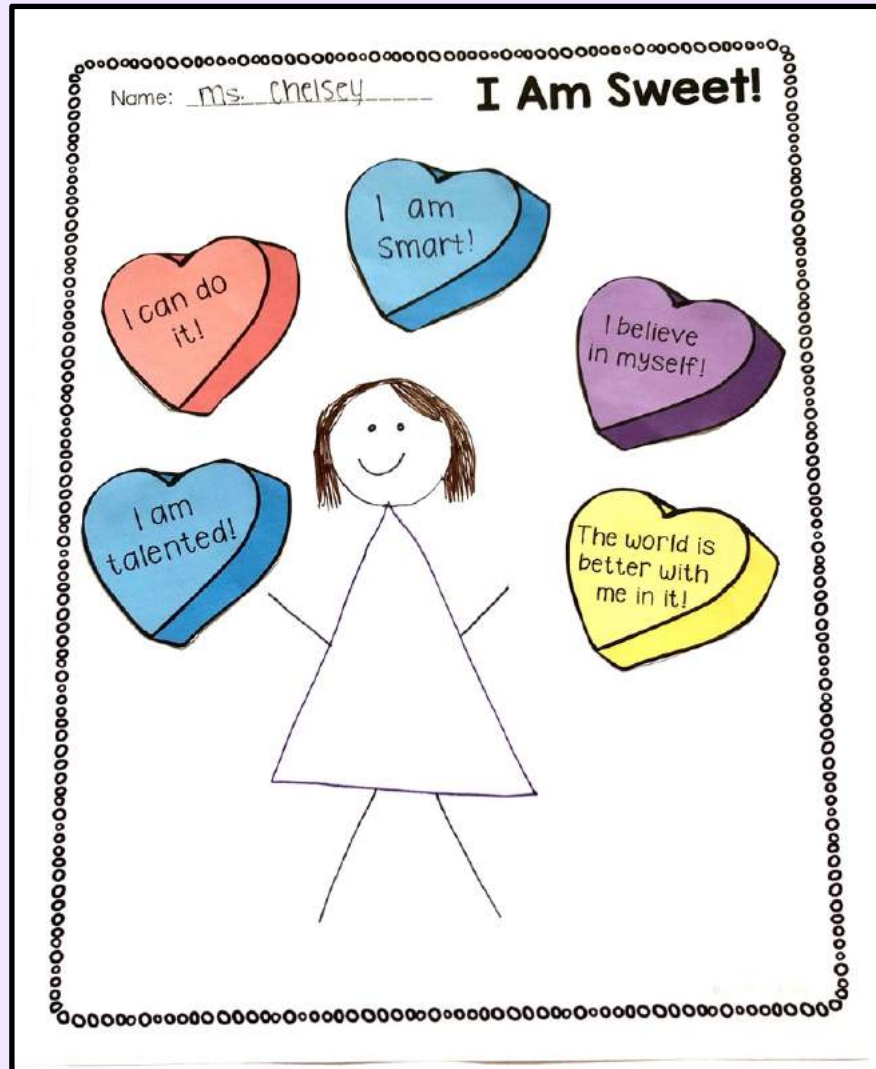
"I"ce Cream Cones



Students will respond to 6 all about me prompts on their "I"ce cream cones.

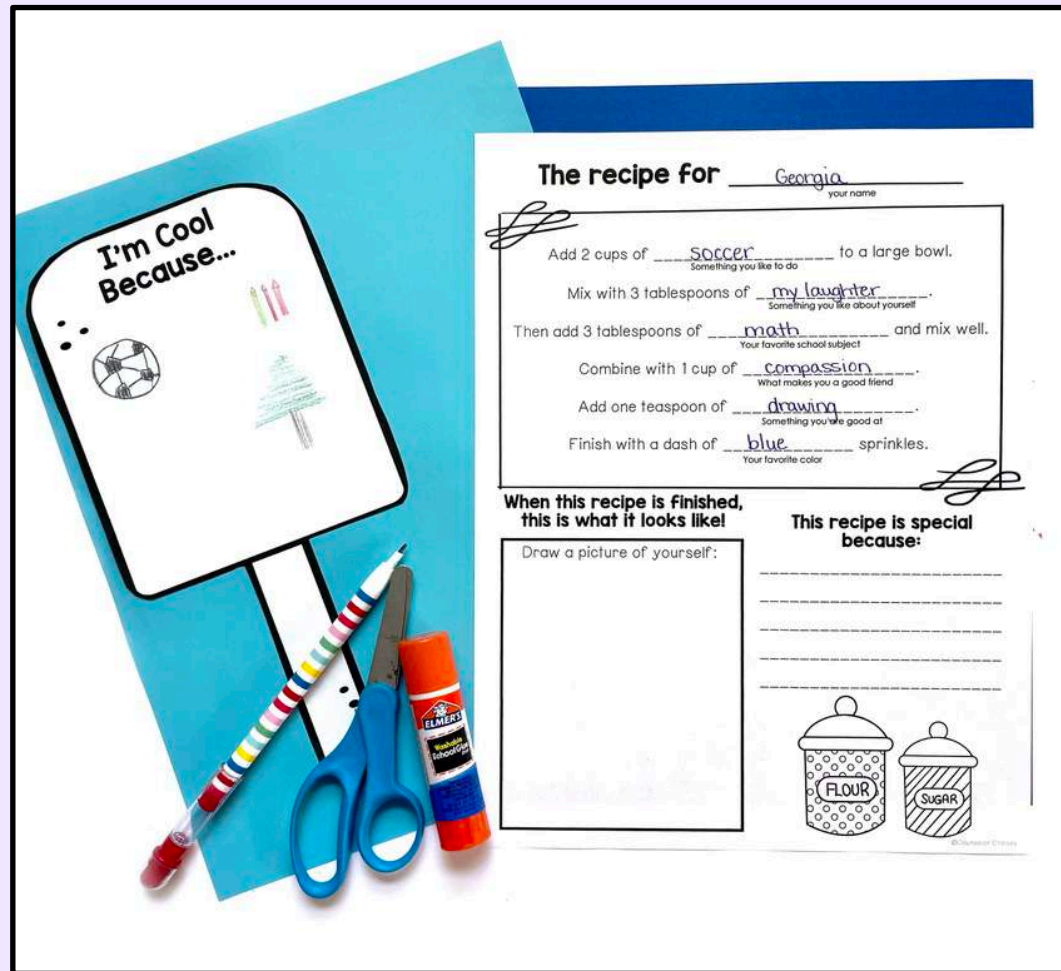
They will then create a craftivity that makes a great bulletin board or classroom display!

I Am Sweet Cut & Paste Activity



Students will draw a picture of themselves and then choose positive self talk statements that they can use. They will glue the self talk statements on to the picture they drew.

Two Dessert Themed Worksheets



On the popsicle, students will write or draw about why they are “cool.”

On the recipe sheet, students will respond to prompts to create a “recipe for me.” They will then draw a picture of themselves and consider why they are important!

What other educators have said about this resource...

“The activities in this resource connected perfectly to discussions about self-esteem, celebrating being unique and being proud of who you are. My 1st and 2nd graders loves it. The recipe activity was a big hit!”

– Kristen A.

“Loved this resource! So much fun with my younger ones, and they loved the sweets theme! Super easy to use and easy to facilitate! Definitely recommend!”

– Bethany S.

“My students loved using this resource! They were engaged in the resource and had no trouble getting started. It didn't take much time to prepare this resource! These are great for my kids in person and online.” -Rebecca K.

Teaching About Self-Esteem? Bundle And Save!



These activities are part of a bundle of resources that will help your K-2 students build confidence, cope with low-self esteem, and use strategies like positive self-talk.

See The Bundle Here!