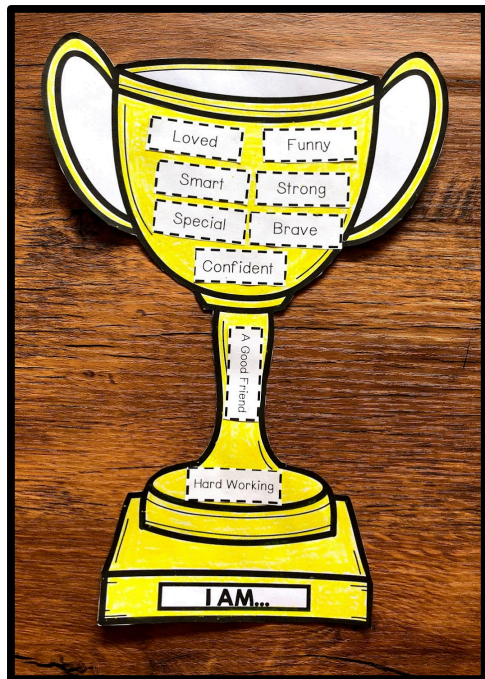


Includes 4 cut and paste activities to help students build positive self esteem!



These activities are perfect for:

- Self esteem groups and lessons
- Positive self talk groups or lessons
- With students who could benefit from increased self esteem
- During individual, small group or classroom counseling lessons
- As centers/stations during small group or classroom lessons

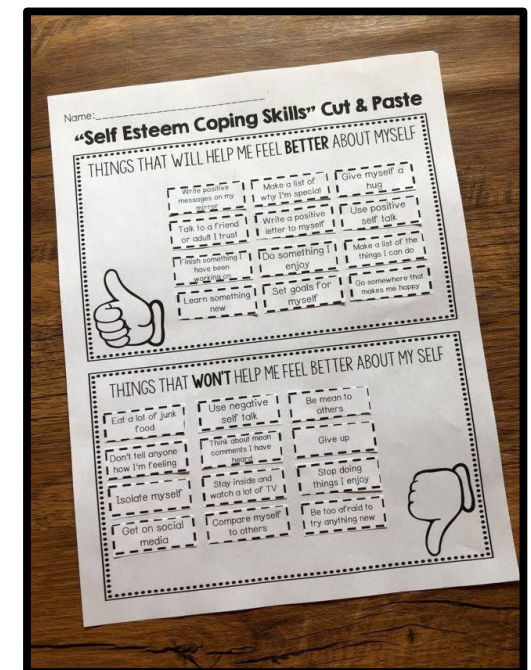


“I AM” Cut & Paste

Students will look at various positive characteristics and decide which ones describe themselves. Students will glue their characteristics onto the “I AM” trophy.

“Self Esteem Coping Skills” Cut & Paste

Students will look at various ways to cope with low self esteem, and will decide whether or not those things will help them feel better about themselves.



Why use cut & paste activities:

- Cut and paste activities are an **easy, no-prep** addition to any lesson!
- They are a great way to introduce a subject, or to gauge how well your students understand a certain topic.
- Cut and paste activities allow students to sort information in a way that makes sense and helps them to remember.
- Students will learn about topics by looking at scenarios they experience in real life.

How to use cut & paste activities:

- Cut and paste activities can be used in individual, small group or classroom settings.
- They can also be used in centers.
- This resource contains 4 cut and paste activities that can be used individually, or as a set.