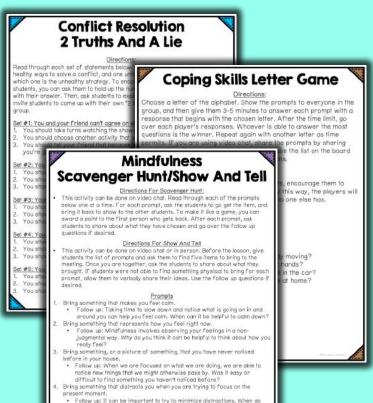
## This resource includes 30 quick and easy games that will help your students learn and practice social emotional skills!



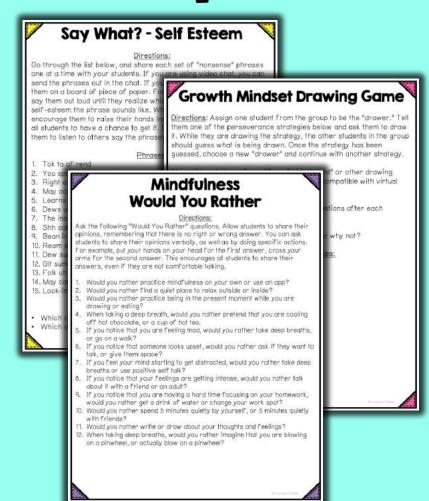
you think this would helpful? Why? ring something that might cheer up someone who looks sad.

Follow up: When we are mindful of how other people are feeling, easier for us to care for them and meet their needs. How can you These games can be used for video chat meetings, or when working with students in person.

They are easy to use, and super low-prep, which makes them perfect for last minute lessons.

## There are games for 10 different SEL topics!

- Bullying prevention
- Conflict resolution
- Coping skills
- Feelings
- Friendship
- Growth Mindset
- Kindness
- Mindfulness
- Self Control
- Self Esteem



## Each topic has 3 different games!



The games vary for each topic but include:

- Would you rather?
- Scavenger hunts
- Reverse Charades
- 2 Truths and a Lie
- Trivia
- Say What?
- A Letter Game
- And more!