

How To Use These Centers

Prep: Before starting your lesson, set up each center according to the directions for each center. If you go in the classroom to do the lesson, you can have the teacher help you set up. If the teacher is out of the room, you can play a bullying prevention video while you set up the stations.

Pre-Center Time: Before starting the centers, here are some brief questions you can ask your class/group to get them thinking about bullying.

- What do you think bullying is?
- Have you ever seen bullying happen? How did it make you feel?
- Why do you think it's important to put an end to bullying?

Then, explain that they will be learning about bullying at each of the centers. Go through each station and explain what they will be doing at each center. Also explain the order in which students will travel through the centers to make the transitions easier.

Center Time: Divide your class/group into six smaller groups. If your group has fewer than 6 members, one (or more) of the centers during each rotation will not have anyone at it. Assign each group/student to begin at a specific station. Give each group 5-7 minutes at each station. Use a timer to help the students understand when it is time to transition. During the center time, walk throughout the room to make sure students are on track and provide any guidance that is needed.

Post-Center Time: If you have extra time after the centers, you can ask your students the following questions:

- What is one thing you learned from our lesson today?
- What will you do if you see or experience bullying?

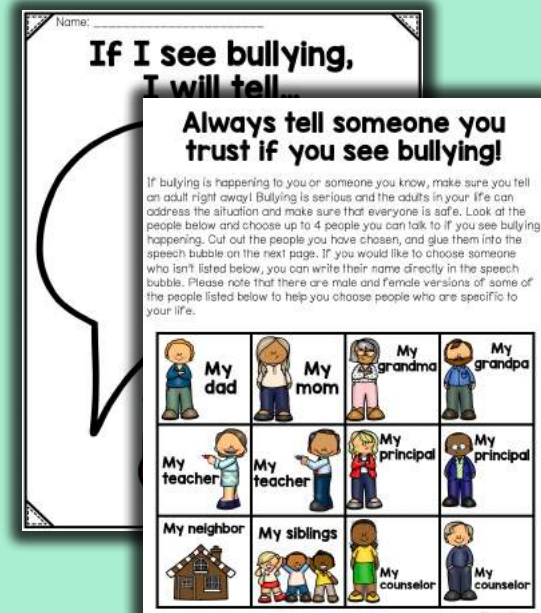
Standing Up To Bullying Matching Game

Students will play a matching game as they learn about different bullying prevention strategies. They will verbally respond to prompts on each card.



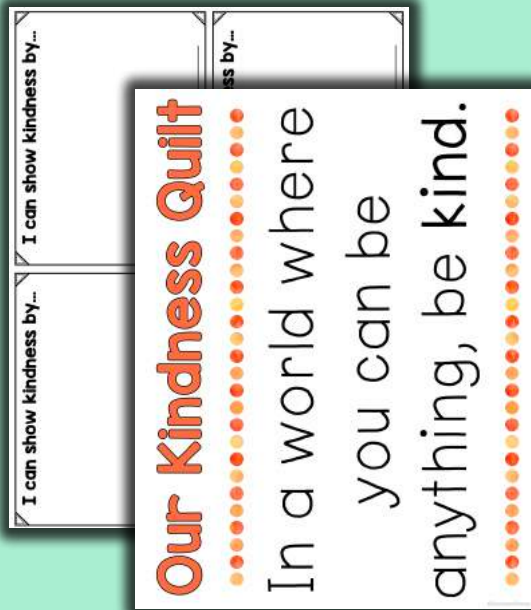
Talking About Bullying Cut & Paste Activity

Students will consider who they can talk to if they see or experience bullying. They will cut out the boxes of the people they have chosen and paste them into the speech bubble on the worksheet.



The Kindness Quilt

Students will write or draw about ways that they can show kindness to the people around them. Their work can then be put together to form a quilt that can be displayed in the classroom or hallway.



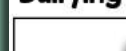


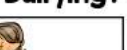



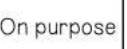

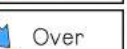

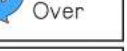

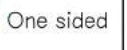
Bullying Dice Game









Students will roll a die and respond to the bullying prompt that correspond to the number they rolled. Prompts will encourage students to consider what bullying is and how they can stand up for themselves and others.



Bullying Definition Sorting Activity

Students will look at 8 cards and decide whether or not they are part of the definition of bullying. They will then place them onto the correct side of the sorting mat.

Bullying is...	Bullying is NOT...
	
	
	
	
	
	
	

Is It Bullying? Sorting Cards	
 Harmful	 Joking
 On purpose	 An accident
 Over and Over	 A one time problem
 One sided	 Two people arguing





Bullying Bookmarks









Students will decorate bookmarks that contain bullying prevention information. 4 bookmarks have encouraging anti-bullying messages, and 4 bookmarks have bullying prevention strategies students can use.

	WALK AWAY From the bully
	STOP STAND UP for what is RIGHT!
	Everyone Is Special And Important!
	THINK Before You SPEAK
	Be A Buddy Not A Bully.

This resource includes a Google Slides component!

Bullying Dice Game

 One: Name an adult you can talk to if you or someone you know is getting bullied.	 Four: Explain bullying in your own words.
 Two: What is one thing you can do if you are getting bullied?	 Five: How can you help someone else who is getting bullied?
 Three: Practice telling someone to stop being unkind.	 Six: Why is it important to stand up for yourself and others?

Bullying IS:	Bullying IS NOT:	Look at each of the 8 sorting cards and decide whether or not they fit the definition of bullying. Place them into the correct spot on the left.	
		 Two People Arguing	 Joking
		 On Purpose	 One sided
		 1 A one time problem	 Over And Over
		 ! On Accident	 Harmful

Each of the centers are included in a digital format! Some of them can be done individually, and some can be done in small groups. This makes it a great resource for hybrid learning, or students who are social distancing.